

Scots Bearings Ltd

Unit 15-16, Robert Leonard Centre, Dyce Drive, Kirkhill Industrial Estate, Aberdeen, AB21 0GG

Location: ABERDEEN Scots Bearings Ltd

Title : Recovery plan	Date of Assessment : 27/05/2020	Risk Assessor : David Jackson
Risk Assessment Reference : GRA ABDN MAY 2020	People involved in making this assessment : David Jackson, Ann Jackson	
Task/ Process : General Risk Assessment Covid-19	People at Risk : Employees, Contractors, Members of the Public	

Hazard : Employed staff Staff who are not fully aware and understanding of the procedures could jeopardise the health of others. Some measures previously implemented to deal with the Covid-Pandemic will stay in place and are recorded in the Covid-19 Risk Assessments.

Control Measures:

1. Specific procedures and measures to reduce the risk of spreading Coronavirus have been prepared. These are based on NHS, Public Health and Government guidance and instruction. They are updated to reflect any changes in the official advice and guidance.
2. Every member of staff has been fully briefed to ensure that they are aware of the hazards and risks and understand the rules and procedures we have put in place.
3. Communication warning posters displayed throughout all premises.
4. Working from home is assessed and authorised where appropriate to allowing for social distancing and reduce risk for contact or spread of virus within the workplace.
5. Employees have access to the 24/7 confidential EAP (Employee Assistance Programme).
6. Health & Safety communications available to all employees
7. Employees can raise a concerns with their line manager

Hazard : Passenger and goods lifts The enclosed space within the lift with creates a risk of potential contamination through coughing and sneezing and contact with internal surfaces and controls.

Control Measures:

1. Employees encouraged to avoid using passenger lifts in customer or supplier premises when a large amount of users are present at peak times.
2. Employees instructed to avoid using a finger tip to press buttons; instead to use the back of the knuckle to select the appropriate floor and to wash hands as soon as soon as possible after using a lift.
3. Employees advised to face away from other users and avoid touching surfaces.

Hazard : Food & Drink Preparation Areas Potential risk or transfer of virus through cross contamination

Control Measures:

1. Employees instructed to ensure that good hygiene standards must be maintained when food or drinks are being prepared.
2. Ensure that when spills of food or liquids occur they must to ensure that the work surfaces are left in a clean and sanitised condition.
3. Use your own drinking mugs, cups and glasses to prevent cross contamination.

4. Do not to touch food and keep hands out of waste bins or receptacles as they may contain contaminated products, food or tissues.
5. Wash your hands thoroughly for 20 seconds before and after using these facilities.
6. Leave the microwave ovens in a clean condition and wiped out after use.
7. Put uneaten food products in a clean, sanitised, sealed wrapper, bag or container, if they are to be stored in the communal refrigerator.
8. Thoroughly wash crockery and cutlery after each use before putting them away.
9. Single use paper tissues rolls are provided within kitchen areas and to be disposed of correctly in waste bins provided.
10. Kitchen areas will be marked with signage or tape to allow for social distancing.
11. Departments and teams are to implement staggered lunch breaks.
12. Employees to make their own hot or cold drinks during the working day.
13. Employees encouraged to bring in their own prepared food and drink for lunch breaks.

Hazard : Communal facilities, entrance, toilets, stairs. etc. Risk of cross contamination from equipment, surfaces etc. that may have been touched or otherwise contaminated by coronavirus and create a risk to health.

Control Measures:

1. Cleaning services have been increased. Toilets and communal areas, along with workspaces, are cleaned more frequently than before and the cleaning routine is to a higher specification.
2. Supplies of soap and sanitising agents are provided and regularly topped-up at all hand washing stations. NHS, Public Health and hand washing advice posters displayed.
3. Employees instructed to clean their hands after using the toilet, by washing their hands with soap and water for at least 20 seconds.
4. Employees made aware that where welfare facilities are used during the working day, they must have an awareness of surfaces (toilets, sinks, door handles, soap, and soap dispensers, etc. and objects which are visibly contaminated with body fluids must not be touched, but reported to a manager.
5. Employees instructed to ensure that the toilet seat is in the closed position before flushing to prevent aerosols becoming airborne and contaminating the facilities with potential pathogens.
6. Employees are required to ensure that coats, scarfs and other outdoor items are stored separately (where applicable) avoiding contact with other people's personal items.

Hazard : Waste Ill-health as a result of the transfer of coronavirus and other pathogens through cross contamination after contact with waste (accidental or otherwise).

Control Measures:

1. Waste bins are provided at employee desk areas and within kitchen areas.
2. Employees instructed to not put their hands directly into food waste or general waste bins or receptacles as they may contain contaminated products, food or tissues.
3. Employees instructed that disposable tissues should be used when coughing and or sneezing and put directly into a waste bin, preferably bagged, or pocketed and taken home.
4. All waste bins and receptacles are carefully and safely emptied daily by the contracted cleaning staff.

5. Employees are required to have consideration for contracted cleaning staff with regards to discarded tissues, food, tins etc. to prevent cleaning staff being accidentally contaminated or injured.

Hazard : Smoking outdoors Inhalation of second hand tobacco smoke and or vapours from e-cigarettes may result in adverse coronavirus health effects.

Control Measures:

1. Employees are advised to avoid inhaling second hand tobacco smoke and vapour emitted from cigarettes and e-cigarettes from other persons. Although there is no evidence of transmission this is a precautionary measure.

Hazard : Meeting rooms Potential risk or transfer of virus on account of close contact with other persons.

Control Measures:

1. Employees instructed that meetings in enclosed spaces such as conference and meeting rooms should only be undertaken when absolutely essential for business needs and kept as short as possible.

2. Employees using conference and meeting rooms instructed to follow Govt advice.

3. Employees instructed that the same measures in para 2 must be applied to any meetings with clients or visitors.

4. Employees told to avoid physical contact with clients and visitors, such as handshakes, hugs, etc; and to give a polite explanation of this policy if required.

5. Meeting room capacity signage will be posted to instruct on maximum capacity for that particular meeting room if required.

6. Hand sanitiser is provided within the meeting for use by employees.

7. Employees not to touch items used by others until sanitised i.e. white boards or white board pens in meeting rooms to reduce risk of cross contamination.

Hazard : Workstations, IT and telephony equipment Direct contact with potentially cross contaminated workstations, IT or telephony equipment may cause adverse coronavirus health effects.

Control Measures:

1. Employees are advised to ensure that their workstations, IT and telephony equipment, such as keyboards, screens, phones and headsets are cleaned and sanitised on a regular basis throughout the working day. Suitable wipes and cleaners that do not damage equipment.

2. Employees instructed that they should not use each others IT equipment, to prevent accidental cross contamination

3. Employees advised not to share phones, headsets and personal mobile phones with others to prevent accidental cross contamination.

4. Employees are to only sit/work at their allocated workstation and not to hot desk or use other desk locations.

Hazard : Close contact Employees working on the premises may be at risk of exposure to other employees or visitors who are carrying coronavirus, knowingly or unknowingly.

Control Measures:

1. Employees instructed to avoid close face-to-face contact or touching other employees.

2. Physical contact, such as handshakes, hugs, pat on the back, etc. is to be avoided.

3. Employees are required to be environmentally aware and sit out of the immediate air flow from fan heaters, cooling fans and or ventilation systems that could spread the virus. Where possible the use of such systems will be avoided.

4. Controls on access and egress to buildings at all sites if required.

5. Any visitors or contractors to sites are to sign the visitors book.

6. Contractors to sites will be managed and controlled by management whilst carrying out maintenance.

7. Visitors to sites are to be limited and if possible video conferencing software to be utilised to reduce face to face contact.

Hazard : Vulnerable employees Vulnerable employees with existing health conditions are at a higher risk of contracting COVID-19, which may have a significant increased adverse affect on their health and wellbeing.

Control Measures:

1. In accordance with Govt guidelines employees who are in the vulnerable and high risk category will be assessed on a case by case basis should it be required.

2. Employees with family members in high risk categories have been instructed to inform their management team. Decisions on home working in accordance with Govt. guidelines are taken on a case by case basis.

3. Those employees who fall within the extremely vulnerable category (Shielded) in accordance with Govt are to continue to work from home when Government Legislation requires this.

4. Employees who are high risk vulnerable (but not extremely clinically vulnerable) that cannot work from home, then management should offer the option of the safest available on-site role when Government Legislation requires this.

5. Prior to return to the workplace once shielding requirements have been revoked, vulnerable employees will complete the Scottish Government risk assessment if required.

Hazard : Cleaning and hygiene Inadequate cleaning & hygiene standards pose a risk of spreading infection by way of cross-contamination from surfaces contaminated with the coronavirus.

Control Measures:

1. Cleaning regimes have significantly increased and the frequency of cleaning of hard surfaces (floors, handrails, door handles, building equipment buttons, switches, etc). Cleaning staff resource have been increased in line with the increased cleaning regimes.

2. Suitable disinfectant cleaning products are used by the cleaning staff.

3. Sufficient hot water, liquid soap, disposable towels and hand sanitiser dispensers are provided throughout the buildings.

4. Line management and employees are required to report anything contaminated or spilt that requires cleaning.

Hazard : Personal hygiene Poor personal hygiene standards pose a risk of passing or contracting the infection.

Control Measures:

1. The importance of good personal hygiene has been explained to all employees. Particularly the need for regular thorough hand washing and the avoidance of touching eyes, nose or mouth, if their hands are not clean.

2. Employees instructed to clean their hands frequently, using alcohol-based hand sanitisers or to wash their hands with soap and water for at least 20 seconds. Soap and hand gels are provided.

3. Employees instructed that any potentially contaminated clothing should be removed and placed in a suitable plastic bag or container.
4. Employee instructed that disposable tissues, should be used when coughing and or sneezing. Used tissues to be bagged and put into a bin or pocketed and taken home for safe disposal.
5. Free standing hand sanitizers will be in place at access points.
6. As the alcohol based hand sanitizer falls under a COSHH item. Employees who use this to disinfect their hands are not to touch their face until the sanitizer dries out due to irritation risk if the goes into eyes.
7. If alcohol gel comes into contact with eyes then employees are to (remove glasses or contact lenses if worn) and rinse eyes with water for several minutes, then seek first aid assistance.
8. If eye irritation persists then employees to seek medical advice or assistance.
9. Employees with a diagnosed skin condition are advise not to use the alcohol hand sanitizer as this may exacerbate their condition, but to use soap and water for 20 seconds.
10. Employees to to avoid inhaling the vapours from the alcohol hand sanitizer as this may cause dizziness or drowsiness.
11. Alcohol gel hand sanitizer spillages are to be cleaned up immediately with water and area dried off.

Hazard : Cold / Infections There is a risk that any cold and or infection could be consistent with COVID-19 symptoms and there is a risk that accidental cross infection could be transmitted to other persons.

Control Measures:

1. Where symptoms of a cold/infection starts at work employees are required to notify their management team immediately. Decisions to refrain from working will be made accordingly where the is a potential risk.
2. Employees who are currently self isolating due to having tested positive for COVID 19, experiencing symptoms or have a family member who have tested positive or have symptoms, are not to return to work and inform their line manager.
3. Employees are advised to isolate in accordance with Government guidelines.

Hazard : Emergency Evacuations Inhalation of smoke or exposure to fire leading to injury or fatality

Control Measures:

1. Fire wardens are in place.
2. Employees are to follow the emergency evacuation procedures for their relevant location.
3. PEEP's (personal emergency evacuation plans) are in place for those employees who require assistance during an emergency evacuation from the premises.
4. All employees are to wash or sanitise their hands at the earliest opportunity.

Hazard : First Aid Provision Lack of first aid provsion leading to injury, further injury or prolonged pain.

Control Measures:

1. Trained emergency first aid at work employees in all branches.

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| 2. All first aiders provided with face masks to reduce risk of cross-contamination. |
| 3. Additional first aid equipment provided in first aid boxes to reduce risk to first aiders. Disposable masks provided. |
| 4. All qualified First Aid employees have been made aware of the revised guidance contained in the HSE eBulletin issued on 28/9/20 titled First aid during the coronavirus (COVID-19) pandemic. |

Documents Associated with this Risk Assessment:	Coronavirus (COVID-19)_ safer businesses and workplaces - gov.scot August 2021 update.html(Covid-19)
Review Date : 26/10/2022	Reviewer : Ann Jackson